

## Biodynamic Planting Dates– Winter / Spring 2009

### **Fruit Plants** - Warmth Constellations Ram ♈ / Archer ♎ / Lion ♌

Note: Fruit plants are sun plants, reaching up. Fleshy fruits with seeds are a Jupiter influence.

- ❖ **Tomato Plants** - Best when started - ☉ (sun) in ♋ & ☾ (moon) in ♏
  - February 19,20,21 - First planting - 6 weeks = April 6
    - ☉ in ♋ & ☾ in ♎ Ascending moon, before new moon ●
  - March 9,10 - Second planting - 6 weeks = April 24 “BEST Day “
    - ☉ in ♋ & ☾ in ♏ Descending moon, before full moon ○
  - May 2,3,4 - Third planting 6 weeks = June 17
    - ☉ in ♈ & ☾ in ♏ Descending moon, before full moon ○
  
- ❖ **Pepper Plants** -
  - February 19,20,21 - First planting - 8 weeks = April 21
    - ☉ in ♋ & ☾ in ♎ Ascending moon, before new moon ●
    - Note: This is a little early, peppers do not like it cool.
  - March 9,10 - Second planting - 8 weeks = May 9 “BEST Day “
    - ☉ in ♋ & ☾ in ♏ Descending moon, before full moon ○
  
- ❖ **Cucumbers, eggplant, peas, melons, gourds, okra**
  - March 9,10 - First planting - start in pots for transplanting “BEST Day “
    - ☉ in ♋ & ☾ in ♏ Descending moon, before full moon ○
  - May 2,3,4 - Second planting - direct sow in ground
    - ☉ in ♈ & ☾ in ♏ Descending moon, before full moon ○
  
- ❖ **Grains – wheat, corn & Beans –bush, pole Direct Sown when the ground is warm**
  - April 15, 16 - First planting - Ground should be warm enough.
    - ☉ in ♏ & ☾ in ♎ Ascending moon, before last quarter moon ◐
  - May 2,3,4 - Second planting - direct sow in ground
    - ☉ in ♈ & ☾ in ♏ Descending moon, before full moon ○

### **Leaf Plants** - Water Constellations Fishes ♋ / Scorpion ♏ / Crab ♏

#### ❖ **Greens, lettuce, asparagus, cabbage, dill, cilantro, kohlrabi, rhubarb, leaf herbs**

Note: Annual greens have a strong moon tendency and stay in the leaf phase longer, until it warms up and the sun draws the seed stem up. Perennial, non-flower herbs and grasses (mercury) are sun influenced. Mow the lawn for growth.

- February 17,18 - First planting - 6 weeks - transplant out March 26, 27, 30, 31
  - ☉ in ♋ & ☾ in ♏ Descending moon, last quarter moon ◑
- March 16,17 - Second planting - “Best” - direct sow & pots - transplant out April 22, 23 & May 1
  - ☉ in ♋ & ☾ in ♏ Descending moon, last quarter moon ◑
- April 13, 14 - Third planting - “Best” - direct sow & transplant
  - ☉ in ♋ & ☾ in ♏ Descending moon, before last quarter moon ◐
- May 19, 20, 21 - Fourth planting - direct sow
  - ☉ in ♏ & ☾ in ♋ Ascending moon, before new moon ●

## Root Plants - Earth Constellations Bull ♉ / Goat ♈ / Virgin ♍

### ❖ Carrots, potatoes, onions, beets, radish, sweet tater slips

Note: Root plants take the moon forces and keep them under ground in their exaggerated roots and rhizomes. To help balance this, we can add silica, sand, which attracts the sun and outer planet influences down into the soil. Compost and limestone are a moon force and should be mature and added to the soil well before the roots are planted.

- February 12, 13 - "Best"
  - ☉ in ♈ & ☾ in ♍ Descending moon, before last quarter moon ☾
- March 11, 12, 13 -
  - ☉ in ♉ & ☾ in ♍ Descending moon, after full moon ☉
- April 8, 9 -
  - ☉ in ♉ & ☾ in ♍ Descending moon, full moon ☉
- May 15, 16 - "Good" - carrots like ☉ in ♉
  - ☉ in ♉ & ☾ in ♈ Ascending moon, last quarter moon ☾
- June 1, 2, 3 - "Best" - set out sweet potatoes slips
  - ☉ in ♉ & ☾ in ♍ Descending moon, first quarter moon ☾
- June 11, 12, 3 - "Good" -
  - ☉ in ♉ & ☾ in ♈ Descending moon, after full moon ☉

## Flower Plants - Air/Light Constellations Twins ♊ / Waterman ♋ / Scales ♎

### ❖ Broccoli, flowers, flowering herbs, flower bulbs

Note: Red flowers are Mars influenced, yellow are Jupiter and blue are Saturn. All plants flower, here the end result is placed on the flower part of the plant. Mow the lawn for slow growth.

- January 28, 29 -
  - ☉ in ♈ & ☾ in ♋ Ascending moon, after new moon ●
- February 6 - start Broccoli
  - ☉ in ♈ & ☾ in ♊ Descending moon, before full moon ☉
- April 20, 21 -
  - ☉ in ♋ & ☾ in ♋ Ascending moon, before new moon ●
- April 29, 30 - "Good"
  - ☉ in ♋ & ☾ in ♊ Descending moon, first quarter moon ☾
- May 8, 9 - "Good"
  - ☉ in ♋ & ☾ in ♎ Descending moon, full moon ☉

#### References:

>Stella Natura Planting Guide & Calendar 2009  
 >Astro Calendar – Northern Hemisphere 2009  
 >Maria Thun Publications  
 \*Biodynamic Sowing & Planting Calendar 2009  
 \*Gardening for Life  
 \*Results from the BD Sowing & Planting Calendar  
 \*The Biodynamic Year  
 >Planetary Influences upon Plants  
 Available from: The Josephine Porter Institute  
 (276) 930 – 2463 [jpibiodynamics.org](http://jpibiodynamics.org)

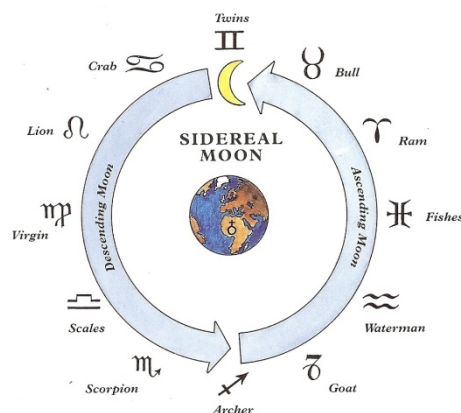


Illustration from - Gardening for Life